Premier® Tastytooth™ Varnish

5% Sodium Fluoride Varnish

Post-Treatment Patient-Care Instructions

Your dentist/hygienist has applied a therapeutic coating of Tastytooth Varnish onto the surface of several of your teeth. You may notice it as thin white film on the tooth surface. The film residue is a temporary condition and should be left undisturbed in order to provide the greatest therapeutic results to the treated areas.

To obtain the maximum benefit from your varnish application, we recommend the following:

- Tastytooth Varnish should remain on the teeth for approximately 4-6 hours. Do not brush or floss during this treatment period.
- Eat a soft food diet and avoid hot beverages and products containing alcohol during the treatment period.
- Refrain from other fluoride products such as pastes, gels and mouth-rinses. The following day, you may resume normal oral hygiene.
- Use of prescribed supplemental fluoride should be interrupted for 2-3 days after treatment (unless otherwise instructed by your dentist or physician).

A thorough brushing and flossing of your teeth will remove any remaining traces of Tastytooth Varnish after completion of treatment. Following brushing, your teeth will resume their normal appearance and brightness.

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