



LANCETTE VANGUILDER, RDH, BS

Lancette VanGuilder graduated from the University of South Dakota in 1995 and has spent the last 25 years actively involved in dental hygiene leadership, education and advocacy on the local, state and national level.

Lancette resides in Reno, Nevada and is a past president of the Nevada Dental Hygienists Association, is a past recipient of the Nevada Dental Hygienist of the Year and received the Innovative Career Vision Award for her work in all 7 professional roles of the dental hygienist. She served for 4 years on the board of directors for the American Dental Hygienists Association and has been honored at the national level by receiving the ADHA Irene Newman Professional Achievement award, recognizing her for her contributions to advancing the art and science of the dental hygiene profession over the last 15 years.

Lancette is an internationally recognized continuing education speaker and serves as a key opinion leader in the dental industry. She has been featured on podcasts such as Dentistry's Gone Wild and Your Dental Top 5 for innovative access to care solutions. Most recently, she has published articles in Dentistry IQ regarding mobile dentistry during a pandemic and the administration of vaccines by dental hygienists. She works as a clinician in private practice, owns/operates her own mobile dentistry business, has an AGD PACE Approved national CE company (Hygienist for Health) and volunteers as a registered lobbyist for nonprofit work.

Lancette is passionate about ensuring that all communities have access to dental care, the power of prevention and the utilization of the dental hygienist.



WHAT THE JUUL?

Vaping, e-cigarettes and new harmful trends

These devices are sleek, easy to use and all the rage among teens, young adults and those seeking to quit traditional cigarettes. But what is the impact on oral health? Let's explore the current vape culture and address specific health concerns and the role of the healthcare provider.

Course Objectives:

- Explore vaping trends, liquids and devices
- Identify potential health risks associated with vaping
- Manage conversations around vaping and oral health
- BONUS MATERIAL: Vaping and COVID-19



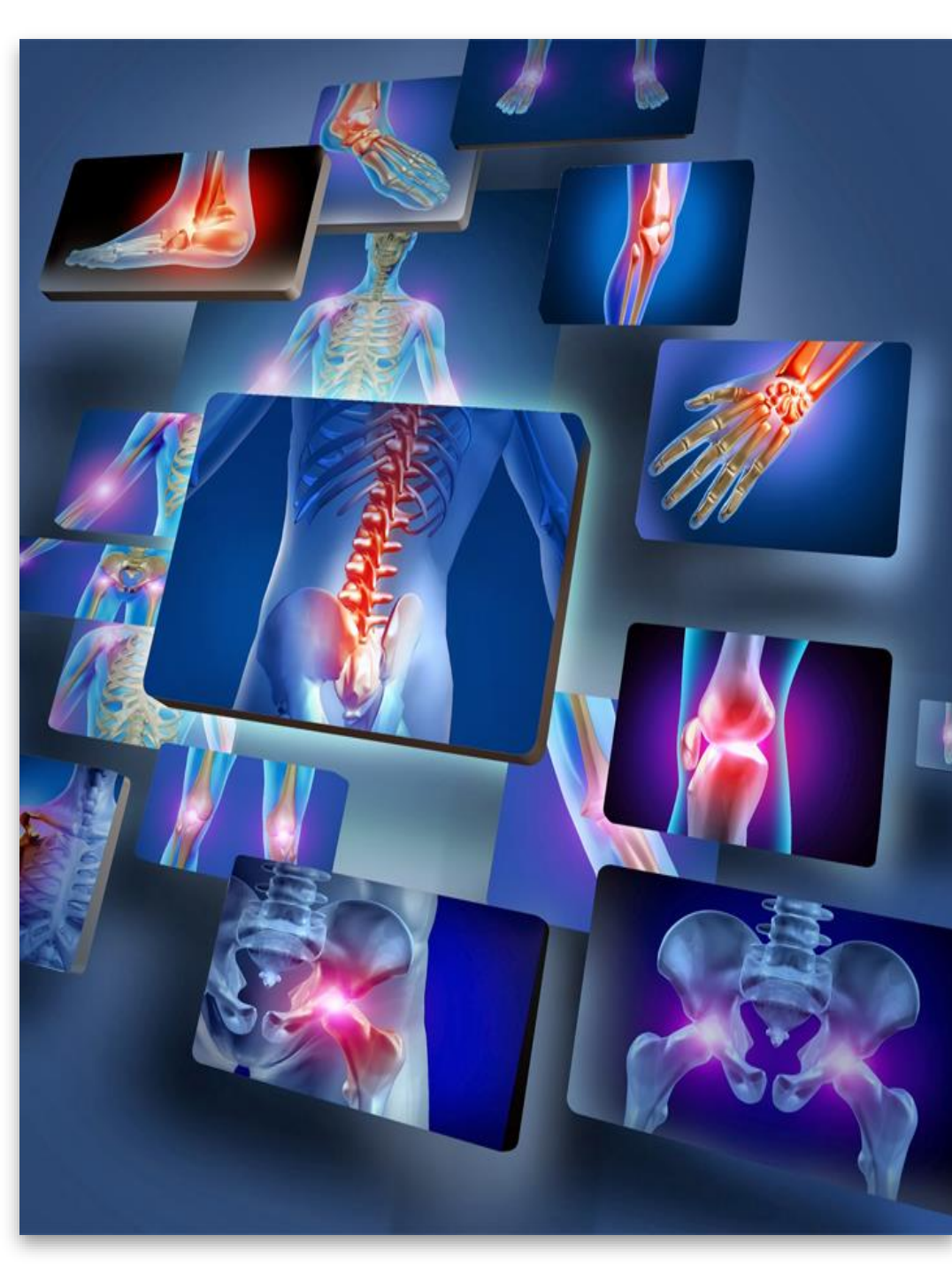
INNOVATIVE OPTIONS TO IMPROVE OCCUPATIONAL HEALTH

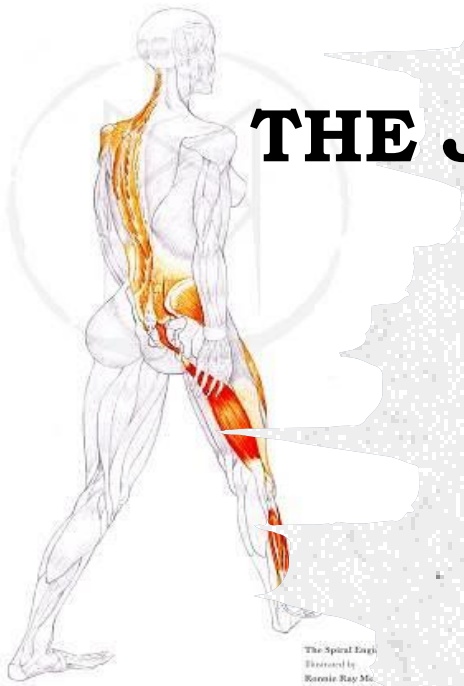
Course Objectives:

- Define the anatomical kinetic chain
- Explain contributing factors of Musculoskeletal Disorders (MSD)
- Identify dental equipment that may improve efficiency, enhance patient outcomes and assist with musculoskeletal health

Dental professionals continue to be at the highest risk for musculoskeletal disorders (MSD) due to maintaining awkward prolonged positions, repetitive motions and placing undue stress on their bodies. Frequently, the common areas discussed are related to the upper body but can undue stresses can also affect hips, knees and the feet/ankle, causing issues at work or play.

Workplace injuries for the dental professional are common and innovative products are emerging to help you provide optimal patient care and work safely. AGD Code: 149





THE JAW BONE IS CONNECTED TO THE ANKLE BONE

Ward VanGuilder, MAPT, CIMT and Lancette VanGuilder, RDH, BS

Dental professionals continue to be at the highest risk for musculoskeletal disorders (MSD) due to maintaining awkward prolonged positions and placing undue stress on their bodies. Frequently, the common areas discussed are related to the upper body. But in fact, the abnormal postures and seating positions can also affect hips, legs and the feet/ankle, causing issues at work or play.

This physical therapist-dental hygienist duo will provide important knowledge on common injuries and disorders that the dental professional may encounter and more importantly, provide prevention strategies to keep you healthy. AGD Code: 149

Objectives:

- Recall full body anatomical overview and explain the kinetic chain
- Identify dental instruments, equipment and technology that may improve efficiency, enhance patient outcomes and assist with musculoskeletal health
- Review contributing factors of Musculoskeletal Disorders (MSD)
- Discuss how posture affects the entire body
- Learn exercises and stretches designed for the dental professional

Hands-on
and Lecture
Format

Course
Audience:
Entire Dental
Team



AU NATURALE: ORAL HEALTH AND HOMEOPATHIC TRENDS



Holistic and alternative medicine trends are on the rise.

More and more people are seeking out natural ways to feel better, improve their health and minimize the need for harmful chemicals and invasive procedures. The dental team has the opportunity to serve as a valuable resource for optimal oral and overall health. This course will provide background on natural healing practices as well as an overview of current oral and homeopathic trends and alternative medicine culture. **AGD Code: 150**

Course Objectives:

- Understand cultural diversity and the role it plays in the dental setting
- Discuss research and literature regarding alternative medicine trends
- Manage discussions around current oral health and homeopathic trends
- Review current professional recommendations

Course
Audience:
Entire Dental
Team



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THE PAIN EPIDEMIC OF THE 21ST CENTURY-OPIOID AND PAIN MANAGEMENT



Pain is now considered a global health issue and may affect each and every one of us in our lifetime in one way or another. With mounting evidence demonstrating the high prevalence of pain in today's society, it is important to discuss the many facets of pain such as: awareness and education, assessment, treatment and mismanagement. This course has been designed to enhance the role that healthcare providers play in providing a collaborative approach to patient centered and comprehensive care and address the opioid crisis. AGD Code: 340

Course Objectives:

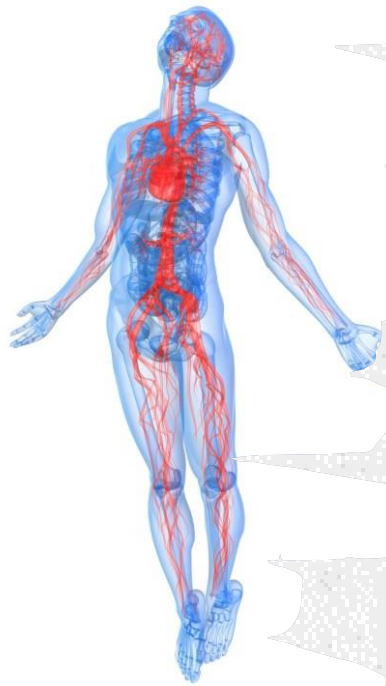
- Explore the physiological and psychological causes of pain
- Review acute/chronic pain and addiction
- Discuss the opioid crisis
- Identify pain management strategies

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Course
Audience:
Entire Dental
Team



THE PATHOGEN PATHWAY: INFLAMMATION AND THE ORAL SYSTEMIC LINK



Bacteria, Viruses and Fungi- oh my!

Research first appeared in the 1950's proving that oral bacteria enters the bloodstream. Today, research continues to emerge on the mouth-body connection and the critical role oral health plays in overall health and wellness. This course provides an in depth look at the many contributing factors to inflammation and the damage that it may lead to not only inside the mouth but also the entire body. AGD Code: 490



Course Objectives:

- Learn the latest research on the relationship between oral pathogens and inflammation in the body
- Explore opportunities to reduce inflammation through diet, dental care and mind-body practices
- Examine COVID-19 and oral health



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Course
Audience:
Entire Dental
Team



DENTAL THERAPY: WHAT, WHO AND HOW?

A guide to serving the public and enhancing the dental community

As data emerges about the oral health crisis in our nation and need for improved access to dental care, it has become evident that the current dental delivery system may not be meeting the needs of the public. This course will look at the emergence of dental therapy in the United States and provide an in-depth discussion on what dental therapy is and the education, scope of practice and licensure. This model of care is also considered as an advancement in the career ladder for the dental hygienist. AGD Code: 149



Course Objectives:

- Examine oral health and access to care issues in the United States
- Assess the history of dental therapy and midlevel dental providers
- Explore dental therapy education standards, including scope of practice
- Review licensure of dental therapists

Course
Audience:
Entire Dental
Team



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MAKE THE SHIFT: ORAL CANCER PREVENTION

HPV AND THE ORAL HEALTH SETTING



Prevention, education and early diagnosis are key with any type of cancer. Oral cancer is no exception. One American dies every hour every day from oral cancer. This course will expose oral cancer facts and myths and is intended to educate the entire dental/medical team on the crucial role that they can play in the oral cancer education, prevention and screening process. AGD Code: 730

Course Objectives:

- Learn signs, symptoms and risk factors for oral cancers
- Explain the HPV virus and the link between HPV and oral cancers
- Discuss the role of the dental professional in health promotion efforts for disease prevention
- Address HPV vaccination safety and effectiveness
- Demonstrate professional and self-assessment oral cancer screenings
- Provide cancer resources for professionals and patients

Course
Audience:
Entire Dental
Team

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PERIODONTAL DISEASE DOES NOT DISCRIMINATE BASED ON AGE



A look at periodontal disease through childhood, adolescence and early adulthood.

Many sources shed light on the fact that the majority of the population will experience periodontal disease at some point in their lifetime. We also know that the risk is significantly higher as people age. But when does periodontal disease start? Are we doing enough to prevent it and most importantly, are we doing enough to catch it at its earliest stages? AGD Code: 490

Course Objectives:

- Discuss oral health challenges of today's youth
- Review systemic considerations of periodontal disease
- Review comprehensive periodontal assessment and classification, including the new AAP Guidelines
- Investigate the need for office protocols for comprehensive periodontal assessment
- Review case study

Course
Audience:
Entire Dental
Team



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DO THESE GUMS MAKE ME LOOK FAT?



The link between weight and periodontal disease.

Research first appeared in the 1950's proving that oral bacteria enters the bloodstream. Today, research continues to emerge on the mouth-body connection and the critical role oral health plays in overall health and wellness. This course provides an in depth look at the many contributing factors to inflammation and specifically the correlation between obesity and periodontal disease. AGD Code: 490

Bonus Material: Obesity and COVID-19

Course Objectives:

1. Identify two pathogen pathways implicated in the oral-systemic link
2. Discover the association between weight and oral health: periodontal disease, tooth decay and oral cancer
3. Review US BMI, waist circumference, blood pressure and nutrition guidelines
4. Discover communication tools for weight discussions in the dental setting



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Course
Audience:
Entire
Dental Team



GOING VIRAL!

The role of viruses in oral disease.

Bacteria, Viruses and Fungi-on my!
Research continues to emerge on the mouth-body connection and the critical role oral health plays in overall health and wellness. Traditionally, bacteria has been the focus of most oral diseases. This course explores the role viruses may play with periodontal disease, oral cancer and tooth decay.

Bonus Material: COVID-19

Course Objectives:

1. Review virology
2. Discover cross-kingdom interactions between bacteria, viruses and fungi
3. Explore the association between viruses and oral diseases



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Course
Audience:
Entire
Dental Team



DENTAL HYGIENISTS: ESSENTIAL PRIMARY CARE PROVIDERS



Dental hygienists are the primary preventive oral health care provider. With the education and licensure required to provide preventive and therapeutic care to the public, dental hygienists are poised to meet the needs of the public.

Currently, many sources shed light on the demand and severe need for dental services that may be provided by the dental hygienist. In addition, the ever-evolving healthcare landscape, the expansion of healthcare coverage, increased research with the oral systemic link and the epidemic of inflammatory and chronic diseases are reinforcing that optimal oral health is a key component for optimal overall health. As states across the country are moving to expand the dental hygiene scope of practice, increase practice settings and introduce midlevel dental hygiene providers, the profession of dental hygiene is exploding with opportunities!

Objectives:

- Review the dental hygiene process of care and the ADHA Standards of Clinical Practice
- Discuss the ever-evolving state dental hygiene practice acts around the country
- Provide a global perspective regarding the dental hygiene profession
- Explore various practice settings: private, corporate and public health
- Describe current and potential dental hygiene workforce

Course Audience:
Dental Hygienists
*all are welcome



ARE YOUR SHOTS UP TO DATE? TECHNIQUES, TROUBLESHOOTING AND TRENDS

Course Objectives:

- Recall anatomical and pharmacological considerations for administration of local anesthesia
- Develop skills and confidence to overcome common barriers
- Demonstrate a wide variety of local anesthesia techniques
- Identify trends regarding local anesthesia: computer assisted, vibration, buffering and reversal agent



Continued competence is essential for local anesthesia techniques. This course will provide an overview of head and neck anatomy, local anesthesia agents, techniques and armamentarium with an emphasis on new trends. You will leave having confidence to provide optimal pain management techniques in dental procedures. AGD Code: 340



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Course
Audience:
Dentists and
Dental
Hygienists

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SALIVAOMICS

Course Objectives:

- Review head and neck anatomy associated with saliva production
- Identify salivary diagnostics that can be used in the dental setting
- Understand the role of salivaomics in medical-dental collaboration

- AGD Code: 010

Bonus Material: COVID-19

Saliva is full of clues of what may be happening in the body. It contains DNA and markers for endocrine, immunologic, inflammatory, infectious and various other conditions. Knowledge is power! Test your saliva IQ!

Course
Audience:
Entire dental
team

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CDB, THC, OMG! Let's test your knowledge of the cannabis culture. With hundreds of compounds in the plant, the uses range from vaping, smoking, eating and as an extract. Dental professionals are encouraged to be up to date on the latest research on cannabis in regards to oral and overall health, including oral health products. AGD Code: 010

Course Objectives

1. Define cannabis sativa
2. Identify cannabis trends
3. Explore cannabis oral health products: toothpastes, rinses and oils



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Course
Audience:
Entire
Dental Team



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HEMP HAPPINESS: ORAL HEALTH PRODUCTS



Several connections have been discovered between the eye and oral cavity. Join me as we discuss oral pathogens, chronic inflammation, mouth and eye diseases and discover how the oral cavity and the eyes may hold clues to overall health and wellness.

EYE SPY WITH MY LITTLE EYE

The eye - mouth connection

Course Objectives

1. Investigate the link between periodontal pathogens and eye diseases
2. Discuss risk factors for poor eye and mouth health
3. Develop a greater level of understanding for medical-dental collaboration

Course
Audience:
Entire
Dental Team




Bonus Material: COVID-19

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Hygienist for Health



COVID-19 AND ORAL HEALTH

As COVID-19 research and cases emerge, we are learning more about risk factors, severity and disease transmission. Oral manifestations have been documented in COVID-19 cases and have a wide variety of signs and symptoms. The dental professional can play a key role in discussing the link between COVID-19 and oral health.

This course will explore the oral-systemic link involving bacteria and viruses and identify the most common oral manifestations of COVID-19. While we still don't know everything we need to know about the virus, we can be empowered to help educate our patients on the oral-systemic link, oral health and salivary diagnostics.

Course Objectives:

1. Examine the oral-systemic link
2. Identify oral manifestations of COVID-19
3. Recognize salivary diagnostics used for disease detection



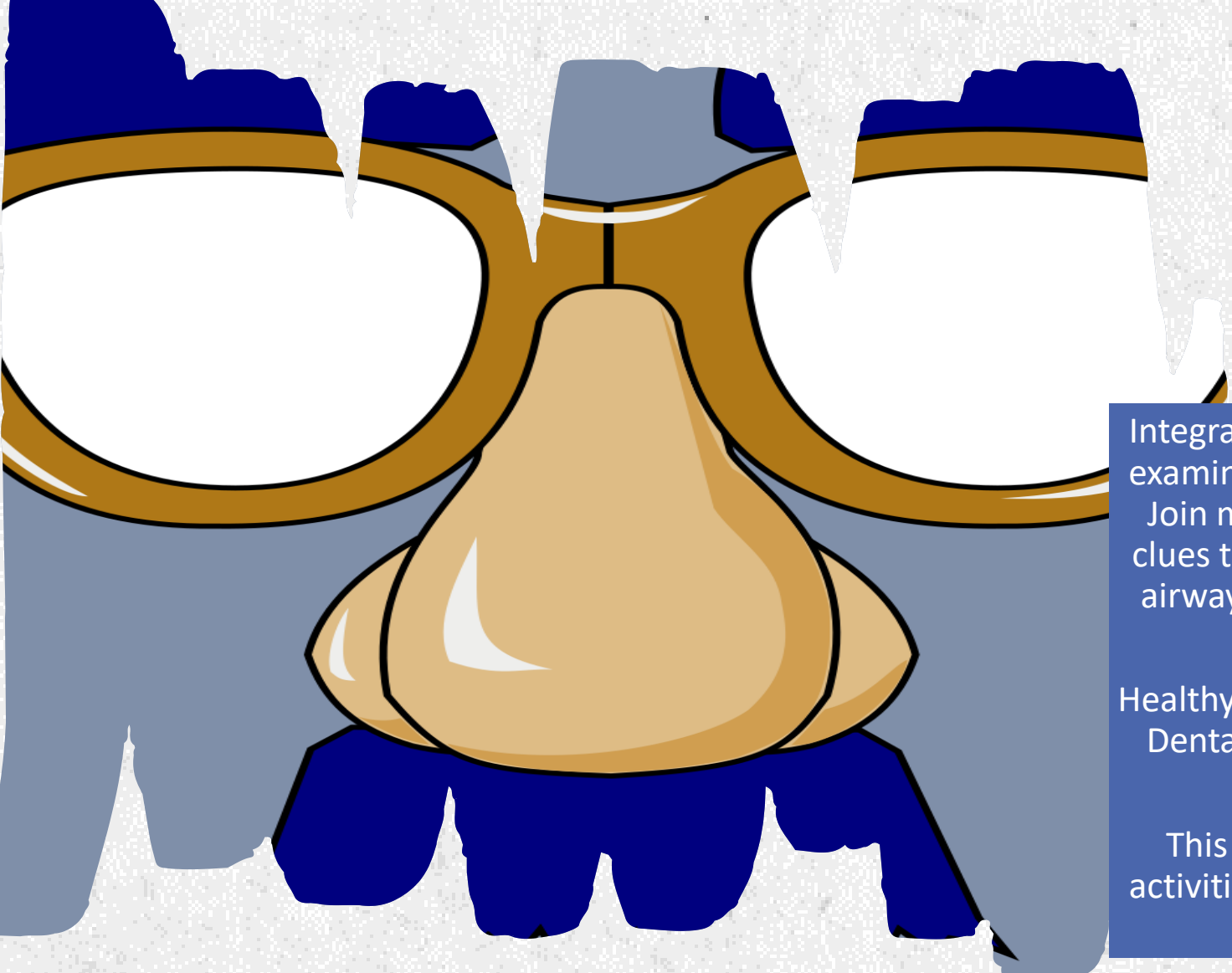
MINDFULNESS FOR HEALTH: IMPROVING PATIENT OUTCOMES AND ENHANCING THE PROVIDER EXPERIENCE

Mindfulness primes the mind for clarity, calmness, gratitude, happiness and overall improved mental health. But, can it also promote better physical health? This course will explore the research behind mindfulness for mental and physical health, including depression, anxiety, pain control and chronic inflammatory diseases.

This course will be interactive: be prepared to *be in the moment!*

Course Objectives:

1. Understand how mindfulness may be used for health promotion, prevention and disease management
2. Review oral-systemic health connections; including chronic inflammatory diseases
3. Develop skills-based training for mindfulness techniques



ARE YOU AIR AWARE?

INCORPORATING AIRWAY ASSESSMENTS
ALONGSIDE THE COMPREHENSIVE
HEAD AND NECK EXAMINATION

Lancette VanGuilder, RDH, BS

Integrating airway assessments alongside the head and neck examination is a quick and easy way to assess overall health. Join me as we look at the head and neck area and identify clues that dental hygienists can pick up on to help assess for airway concerns such as disordered breathing, tongue and frenum restrictions and mouth breathing.

Healthy breathing is critical to optimal oral and overall health. Dental hygienists can be a collaborative partner for airway health, breathing, sleep and TMD.

This course will provide the participant with interactive activities (have your cell phone ready) and a course handout that includes a printable chairside guide.

Course Objectives:

1. Define the three disordered breathing types and various contributing factors to airway problems
2. Provide a step by step guide for incorporating airway assessments with comprehensive head and neck examinations
3. Review screening and treatment options to improve airway health



CAN YOU HEAR ME NOW?

OCCUPATIONAL NOISE EXPOSURE FOR DENTAL PROFESSIONALS

Workplaces can be among the leading cause of eye trauma, loss of vision, disability, blindness and hearing loss. Many times, the damage can be done slowly over extended periods of time with no symptoms. This course will explore common workplace hazards in the dental setting for provider, as well as for the patient.

Course Objectives:

1. Recognize common dental workplace hazards for the ears and the eyes
2. Identify signs and symptoms of ear damage and hearing loss
3. Provide risk management strategies for noise and hearing loss prevention



Occupational
Health

ARMED AND READY FOR THE FUTURE: VACCINATIONS AND THE ROLE OF THE DENTAL HYGIENIST



As the healthcare landscape evolves and more emphasis is placed on improved access to care, interprofessional collaboration and public health, dental hygienists may be poised to play a new and innovative role in the healthcare delivery system. Most recently, the COVID-19 pandemic shed light on the need for workforce readiness for massive public health outreach. Could we be at a tipping point for new groundbreaking options for the dental hygienist?

Course Objectives:

1. Describe the what, how and why of vaccines
2. Identify the vaccination that has been FDA approved for mouth and throat cancer
3. Discuss the promotion and administration of vaccines by dentists and dental hygienists

THRIVE!

Keynote Presentation
with
Clinical CE

Don't just survive...thrive!

Today's healthcare environment is dynamic and rapidly changing. Opportunities for dental hygienists are emerging for professionals with vision, ambition and a wide variety of skills. Join us as we discuss strategies to stay relevant, participate in meaningful work and fulfill your sense of purpose.

Course Audience:
Dental Hygienists
*all are welcome

Keynote Presentation

Objectives:

- 1) Review all 7 professional roles the dental hygienist
- 2) Explore new clinical products and techniques
- 3) Discuss NextGen healthcare
- 4) Elevate the provider experience and the profession
*all attendees receive a small gift

EXCITING OPPORTUNITIES FOR COLLABORATION FOR LANCETTE'S CE COURSES!

Saddle Stool Give-away



Potential Full or Partial Sponsorship

Submit a request here:

<https://www.premierdentalco.com/education/seminars-2/professional-programs/>



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AI: ARTIFICIAL INTELLIGENCE AND HEALTHCARE

WILL TECHNOLOGIC ADVANCES HAVE THE ABILITY TO LEAD TO BETTER HEALTH OUTCOMES?



COMING SOON!

The future is here! AI may recognize us, even when we don't recognize it. Artificial Intelligence has the potential to help the practitioner, the patient, the business model and the corporate world. It may assist in staying ahead of changes, anticipating patient/consumer desires and assist with more cost effective and data driven practices. But will it help us be better?

AGD Code: 550

Course Objectives

- Define artificial intelligence
- Discuss the risks and benefits of machine intelligence
- Investigate AI applications in medical and dental settings



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Course
Audience:
Entire Dental
Team



COMING SOON!

GET INTO THE GROOVE!

It's a new era for dental sealants.

Course Objectives:

- Review effectiveness of dental sealants, including evidence-based recommendations
- Explore selection criteria for dental sealants in children and adults
- Identify modern day dental sealant materials
- Demonstrate placement of dental sealants

This course will explore some of the facts and myths regarding dental sealants.

Evidence shows that dental sealants are highly effective at preventing decay and yet still severely under utilized. Join me as we talk about revolutionary new materials and techniques to help make dental sealants successful. AGD Code: 430



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Course
Audience:
Entire
Dental Team



A NEW NORMAL: TELEHEALTH AND TELEDENTISTRY

Course
Audience:
Dentists and
Dental
Hygienists

Coming Soon!

Course Objectives:

- Explain telehealth and Teledentistry
- Explore applications in dentistry and dental hygiene
- Identify Teledentistry platforms and equipment



Telehealth is a broader scope of healthcare that offers a virtual model for medical, dental, public health and education services.

We now have the ability to not only bridge the gaps in healthcare but also extend a broader reach to improve access to care.

With Teledentistry services, we can support patient care and improve relationships between providers, patients and payors.

Let's explore the many applications for uses in dentistry.

AGD Code: 149



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LET'S CHAT!

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FULL BIO AND CV AVAILABLE UPON REQUEST